

# Transition of Care Worksheet



Use this worksheet for your own reference so you know how to keep getting the medical care you need under your new plan.

**NOTE:** If you or a covered family member is being treated for a medical condition and your current provider isn't in the new network, you may be able to temporarily keep seeing them at the in-network rate once your new coverage begins.

Call Your Insurance Carrier for Answers to These Questions	Answers
1. How are the treatments/procedures I need covered? Are they eligible for transition of care?	
2. What do I or my doctor need to do to get a transition-of-care request approved?	
3. How long will I be able to continue seeing my current doctor at the in-network coverage?	
4. How do I find a new in-network doctor?	

Call Your Doctor for Answers to These Questions	Answers
1. What is the treatment transition plan? What do I need to do? What do you need to do?	
2. Can you recommend any doctors in my new network?	



## FOR ORTHODONTICS

If you or a covered family member need to continue orthodontic treatment under your new dental plan, call your new dental insurance carrier as soon as possible to ask for help with transition of care.